

Contact us

Telephone: 0151 666 1829

Email: info@mencapwirral.org.uk

Address:
Wirral Mencap
42 - 44 Market Street
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Wirral
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Opening Times:

Monday: 9am - 5pm
Tuesday: 9am - 5pm
Wednesday: 9am - 5pm
Thursday: 9am - 5pm
Friday: 9am - 4pm
Saturday: CLOSED
Sunday: CLOSED



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www.mencapwirral.org.uk



What we do



What we do

Wirral Mencap provides services and opportunities for people with a learning disability and their family carers.

For more information about any of the projects or services listed please call us on **0151 666 1829**.

Personal Development Projects

We support people to lead a fulfilling life, and each person's goals will be different so we have a range of ways to help people engage with the community, learn new skills and feel more confident and empowered.

Gateway Award

The Gateway Award is an award scheme with five modules: Hobbies, Fitness, Lifestyle, Volunteering and Challenge. Participants can complete their award with us in two different ways:

1. Out in the community - with regular support to access the activities, courses or volunteering you need to complete it!
2. With our Day Service - attend for one day per week for up to three years!

Courses

We offer courses throughout the year which focus on independence skills such as: cookery, money handling, lifestyle skills and literacy.

Volunteering

We like to support people to be more active in their community and will help people get into volunteering.

Buddy scheme

Some people might like some help to reach a personal goal or to do volunteering. If that is the case, we can pair people with a volunteer Buddy!



Social Clubs and Drop-ins

Make friends at these 18+ social clubs.

- Monday Lunch Club from 12-2pm
- Crossbow Social Club on Wednesday, 7-9pm
- We keep a list of all the other clubs in Wirral

We also run two other weekly activities where you can learn something new as well as make friends:

- Health Club, Mondays, 11-12pm
- IT Drop-in (computers), Fridays, 1-3pm

Relationship Support

We run monthly singles nights for adults with a learning disability. Alongside this we provide relationships training and information for people with a learning disability, carers and professionals.



Treat Me Well

Treat Me Well is our campaign to transform NHS hospital care for people with a learning disability in Wirral. Find out what we're campaigning for and how you can help.

Information and Advice Service

This service can offer information, advice and support with any issues you might have with things like social care, housing, welfare benefits, wills and trusts, being a carer. We can help with paperwork, meetings and understanding your rights.

Membership Become a member of Wirral Mencap and you'll get plenty of free information and invitations!

Minibus We have a minibus that we lend out to anyone transporting people with a learning disability.

