

Transition to Adulthood

A guide to preparing
young people age **14 to 25**
with **learning difficulties** or **disabilities**
for **adulthood**



...giving young people the best options in life





Employment

education | training | work | volunteering



Health & Support

sexual health | support | advice | mental health



Independent Living & Housing

groups | community | friends | respite



Leisure

groups | community | friends | activities

This transition brochure is located on Wirral's Local Offer:
www.localofferwirral.org

This is... **Your Future Your Choice**

This and more information can be found on Wirral's Local Offer website.

PLAN... PREPARE... JUST DO IT!

For young people with a learning difficulty or disability your transition years are crucial. Deciding what to do with your future can be a difficult and worrying time. As you plan your career path you may have concerns about what choices are out there, what is the right thing to do and where you can get the best advice and guidance.

Our hope is that this brochure will help you and your family make the right choices. Wirral has a great choice of services covering:

**Education... Training... Work Opportunities... Volunteering,
...Health Support and Advice,
...Choices for Supported Living and Housing,
...To forming friendships and relationships in your community.**

You may already know about some of the opportunities, services and support available in Wirral, but need some help identifying which options are best for you.

You need to find out if these options provide the level of challenge, opportunity and/or support you are looking for. Everyone is different and you need to find out what is right for you.

Maybe you have already started a job, training scheme or educational course, but have since decided it's not for you and now want to change your choices.

Or maybe you need a bit of extra support to take part in some activities. Whatever you choose to do with your future, you want to be sure that the help you need can be provided. Finding out all of this information, making plans and decisions are key parts of your transition process.

Wirral's Local Offer will help you to find out more about the range of opportunities available to young people who have additional needs. You will be able to learn more about the options and services that are available.

The government has changed the way young people with special educational needs and disabilities are supported. As part of these reforms and to help prepare young people for fulfilling adult lives Education, Health and Care Plans (EHCP) now stay in place until the age of 25.



Please note: all information is correct at time of compilation.

Transition Map: A Guide To Your Future

The following guide helps you see the stages of transition into adulthood.

Year 9

You will receive information, advice and guidance from a variety of sources including Children's Services, health practitioners and school to help you understand and plan your future steps. This will enable you to make the right choices for you.

The school nurse will do a health needs assessment for every young person with additional needs. This will identify children and young people's health needs at transition.

At your Year 9 review the outcomes in your EHCP must focus on the four broad areas of Preparation For Adulthood (PFA). These are employment, independent living, community inclusion and health.

Year 10

If you have changed your mind about what you want to do... don't worry! You will have a relaxed annual review with your school, parents and anyone who is important to you to discuss your options.

Your school will keep you informed of any curriculum activities available to you.

Your school will discuss the subjects you are studying with you and may provide you with life skills and work experience.

Your parents will have the opportunity to review your progress towards your outcomes and whether the support you are receiving is helping.

Year 11

You and your parents will be kept up to date with your options and learn how to access ongoing support. You will have a strong team to support you through to the next stage in your education. At this exciting time, you will finalise your choices for when you leave school.

You can also start to think about your future goals such as, what type of job you would like, your friends and relationships, where you would like to live and what leisure activities you would like to be involved in. If you already receive continuing care funding to help with your care needs, a transition form will be sent to Adult Continuing Healthcare colleagues. This will be done when you are between the ages of 15 and 16, depending on your particular needs. At 17, the adult screening Checklist for Continuing Healthcare (CHC) will be completed by your social worker. If you do not have a social worker any health practitioner can complete the forms on your behalf.

You will start to make exciting decisions such as:

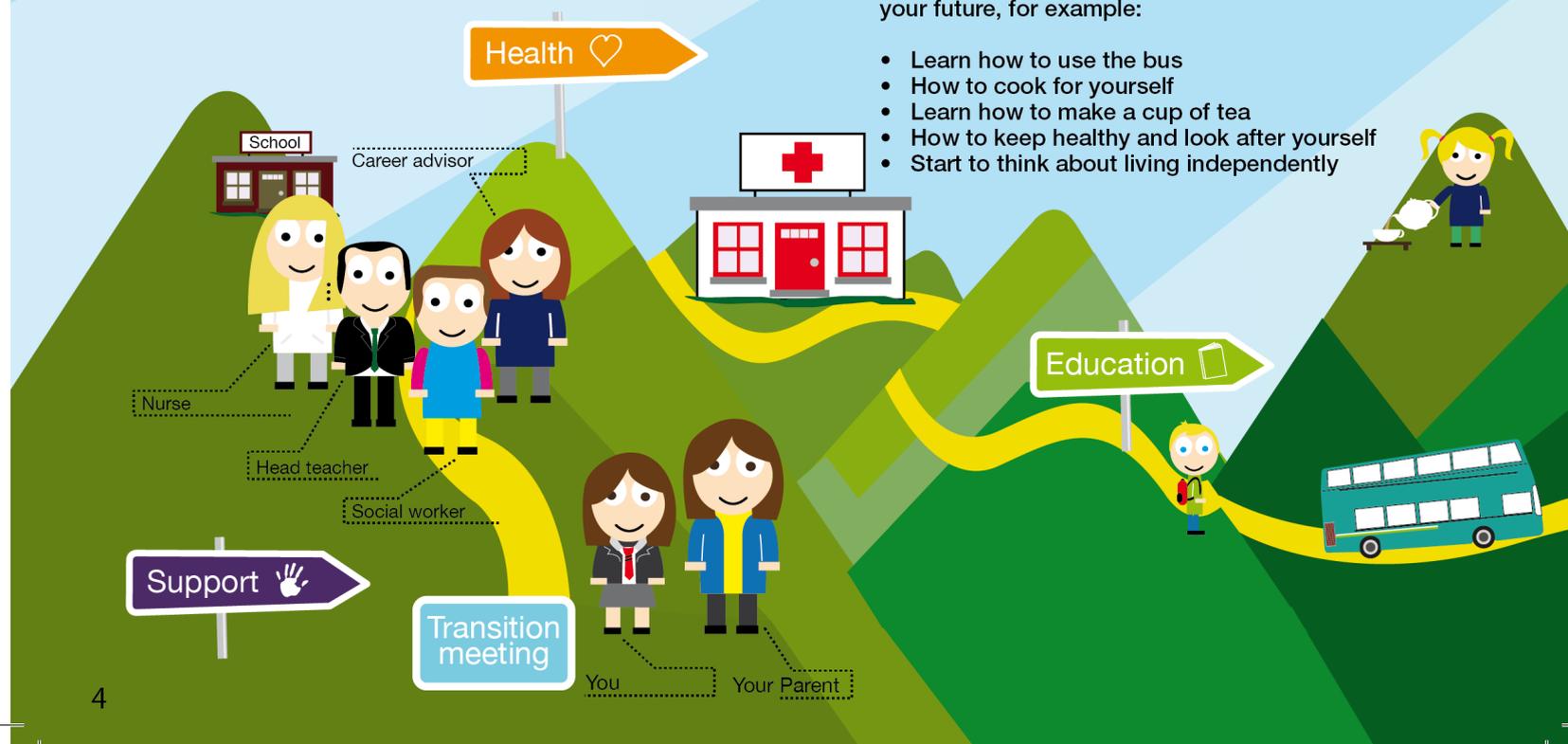
- Will you stay on at your school if it has a 6th form?
- Will you apply for further education, like a local college?
- Will you go into training?
- How about a work-based training option?

And many more.....

Talk to your social worker, school or nurse to discuss your options. Social workers can be contacted through the Integrated Front Door (IFD) on 0151 514 2222 and you can request an assessment. Your school, nurse or independent careers adviser can help you with this.

You will begin to learn life skills to help prepare you for your future, for example:

- Learn how to use the bus
- How to cook for yourself
- Learn how to make a cup of tea
- How to keep healthy and look after yourself
- Start to think about living independently



Year 12-14

You will receive information from your school nurse on how to access adult health services. You will continue to take the lead role in your planning as you become an adult. If you are likely to need support from social care, then your social worker will be there to help you.

You will have the chance to go on work-based placements. For more information talk to your school adviser. You may even start to look at independent living and work opportunities.

Supported living

You may decide you want to live independently. You should think about:

- Where will I live?
- Who will I live with?
- How will I pay for it?
- What support will I get?

If you need support to live independently, your social worker will be able to help you with this.

Day time Support

If you need help to find things to do during the day, you can look on Wirral's Local Offer.

If you need support to attend events, then a social worker may be able to help you plan to do the things you'd like to do.

Work

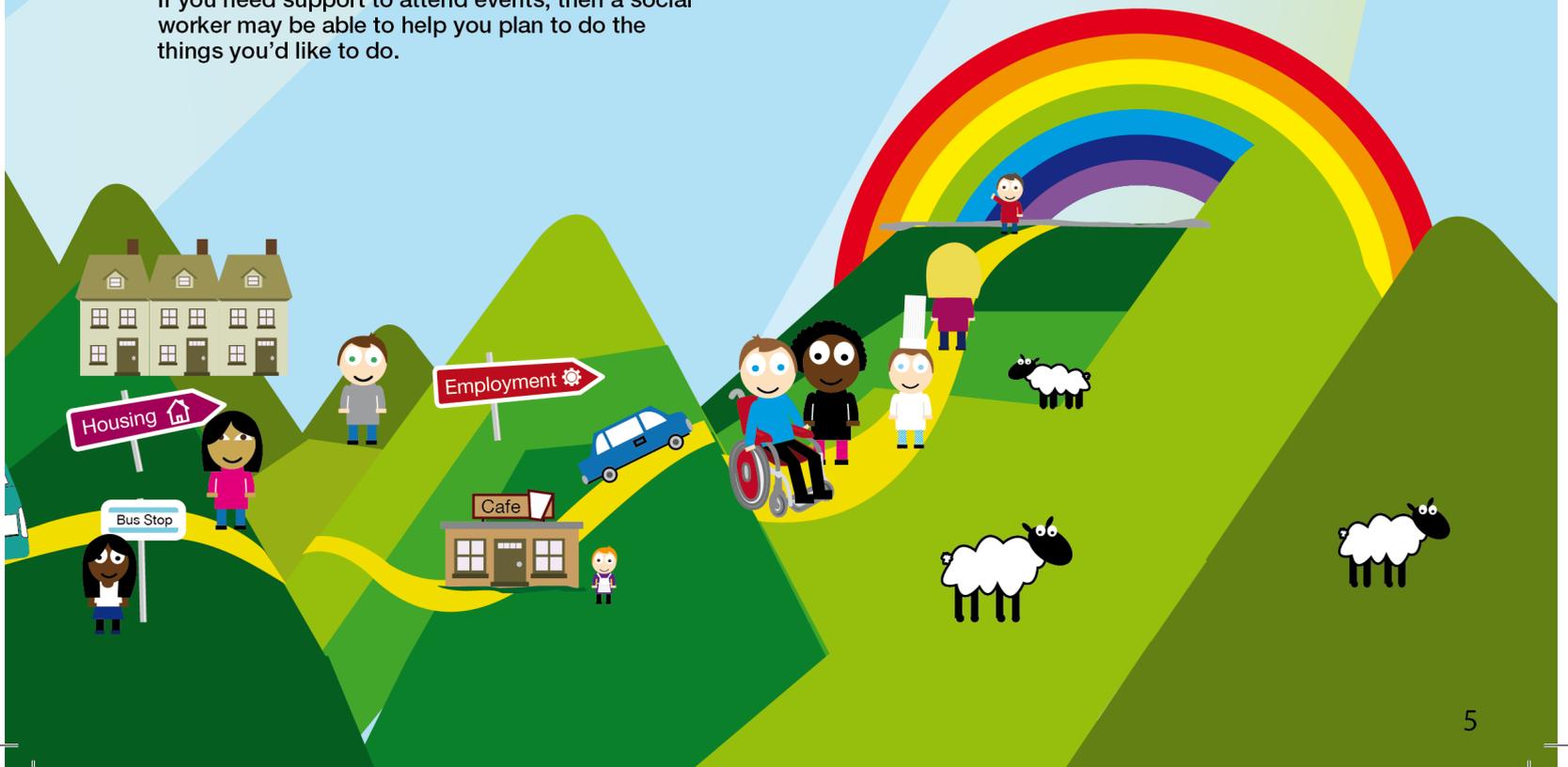
You can also start to think about your future goals, for example what kind of job would you like to pursue? There are many training options which look at the work opportunities available. Talk to an independent careers adviser for more information.

College

There are lots of courses out there for all abilities. Talk to your school and Career Connect who can help you discover the variety of opportunities available.

Training

Programmes such as study programmes, traineeships and apprenticeships are available.



Education

For many young people continuing in education after year 11 is a very good option in order to help them achieve their chosen career ambitions. Continuing education can take a variety of forms. Some mainstream and special education schools offer a variety of sixth form courses. Young people with an EHC (Education, Health and Care) plan have an entitlement to remain in Local Authority funded education up to the age of 19. EHC plans can run up to the age of 25 and will allow young people to access support up to that age. This can be in schools, colleges or with training providers.

For many young people, going to college is the next step to achieving their career ambitions. There are many good local further education colleges that offer a wide variety of courses. These can either be vocational courses, centred around a particular work area, or academic courses leading to qualifications such as GCSE or A Levels.

College courses can be full-time, part-time or held in an evening. They can be mainstream courses that are available to everyone, or supported entry courses, designed for young people with learning difficulties.

Additional support is available, if required, to enable students to take up mainstream courses. Local colleges are also working increasingly closely with Health and Adult Social Care to help students and their families identify all of their social care and health needs and plan how these can be best met whilst at college. University is also an option for some young people. Academic and vocationally orientated courses may be studied here. Young people often live away at university on a term time basis. Additional support is available, if required, in order to enable students to access university courses.

For young people with more complex needs they may need to look at providers offering more specialist or personalised programmes such as the Pettypool Vocational College or training provider Activate Arts. The need for this option is assessed carefully.

For more information on any of the above please see Wirral's Local Offer.

Raising the Participation Age

In England your leaving age depends on when you were born. You can leave school on the last Friday in June as long as you'll be 16 by the end of that year's summer holidays. However, you must stay in some form of education or training until your 18th birthday.

Your options are:

- Full time education – school or college
- An apprenticeship or traineeship
- Part time education or training – as well as being employed, self-employed or volunteering for 20 hours or more a week.

Training

Study Programmes, Traineeships and Apprenticeships offer personalised programmes tailored to young people's needs, interests and aspirations – focusing on helping them to achieve their intended destinations – such as entry level, level 1, level 2 and level 3 courses, apprenticeships or job opportunities. In some cases, a young person's programme may be more about working towards supported employment or independent living.

Study Programmes

Study Programmes form a starting point for some young people to enable them to progress and to achieve qualifications and work experience. They are designed to meet individual needs and are for 16-19-year-olds (and up to 25 for learners who have an Education, Health and Care Plan) (EHCP). The aim of Study Programmes is to maximise the potential of young people to progress onto higher education and/or skilled employment by ensuring that vocational routes to higher education and employment are seen as high quality and a genuine alternative to academic routes.

Supported Internships

Supported Internships involve the young person working with an employer for 3 days a week. They gain valuable employment skills whilst studying a Level 1 or 2 qualification. Supported Internships are aimed at young people with a learning difficulty who would find a traineeship/apprenticeship difficult to access.

Traineeships

Traineeships offer young people the opportunity to undertake a substantial work placement and work skills training, alongside support to improve their English and Maths. Depending on the young person's needs, a range of other support and flexible training may be offered to help them develop their skills and progress quickly onto an apprenticeship or secure other employment.

Apprenticeships

Apprenticeships are also available to learners who want to progress perhaps from school, Study Programmes or Traineeships. They are available for 16 – 24 year olds through college and private training providers. Learners study at Level 2 or 3.

More information:

The LCB-Be more Apprenticeship Information Portal -

<https://be-more.info/>

National Apprenticeship Services (NAS) -

www.apprenticeships.org.uk

National Careers Service -

www.nationalcareersservice.direct.gov.uk

Greater Merseyside Connexions Partnership -

www.connexionslive.com Call: 0151 545 540

Call: 0800 100 900 - Lines are open from 8am to 10pm 7 days a week

Employment

Employment or 'work' is one of the most important activities to plan for your adult life. Whether this is paid or on a voluntary basis, there should be something suitable for you.

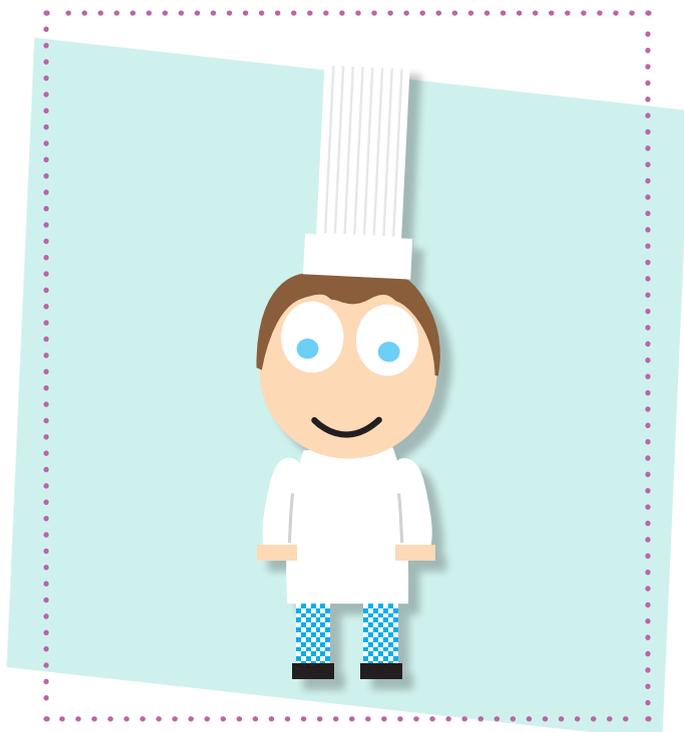
Work helps people feel valued and good about themselves as they develop skills and knowledge, remain active, make friends and much more!

There is such a wide variety of jobs. You may be unsure about what is available or what opportunities are out there. Don't worry, help is out there from agencies such as the Job Centre. They have designated staff to support customers with learning difficulties/disabilities and they will patiently help you look for a job that is suitable.

These agencies can help with:

- Advice and Guidance
- Job Search
- CV writing and completion of application forms
- Interview skills
- Work Placements

You may need extra help and support to get into a job or while you are in work. Don't be put off, help can be provided.



Volunteering

Many Wirral companies have signed up to be Disability Confident Employers and the options for volunteering span across a range of career paths. Aspirations are being raised and supported wherever possible.



2

Health & Support

help and advice | sexual health | mental health

Being healthy is very important to everyone especially if you have additional health needs.

There are many ways you can keep healthy and lots of different people who are here to help you.

Your doctor or GP could give you advice about who can help you the most. This could be another doctor or nurse. When you are younger you might see a paediatrician, (the name for a doctor who looks after children).

Paediatricians often work in hospitals, but you might also see them in your school. As you get older your paediatrician will transfer your care to a doctor who deals with adults. Your GP is someone who should know you very well and can help look after you when you are unwell.

A GP is often at their surgery but will sometimes see you at your home. Annual health checks are for adults and young people aged 14 or over with a learning disability. This is free and can help to keep you healthy. If you want a free health check then you can ring your GP surgery and ask for a health check. If they are not able to do this, they will be able to tell you where you can go to get one.

<https://www.nhs.uk/conditions/learning-disabilities/annual-health-checks/>

Many young people who have a learning difficulty or disability will require some form of additional support at some stage of their life; this may be while you are still at school or planning your future for when you leave. You may need help to go on to college, training or work; support may be needed to help you socialise, stay healthy and get the most out of your life. If this is true for you there are many organisations in Wirral that provide all kinds of support to help.

These include Wirral Council's Children and Young People's Department, the Department of Adult Social Care, NHS Wirral Health and Social Care Clinical Commissioning Group (CCG) and a wide range of independent and voluntary organisations.

Wirral's Local Offer will help you consider some of these choices and will help to ensure the right support is available for you when you need it.

Young people and their families who ask for help and support will need to complete an assessment that will decide if you need to access a service. You may choose to request a Personal Budget that gives you control of your money directly so that you choose how to buy support or services to meet your needs.



3

Independent Living & Housing

groups | community | friends | respite

Moving out of the family home can feel very exciting but it can also make you feel a bit anxious. If you have a learning difficulty or disability (LDD) you may think that there is too much to worry about, but don't, lots of people with LDD have found that it is a very positive experience and there are many organisations that can help you.

We have included a list of the housing options available to you in the following sections however, before you explore any of these options further, it is important to consider your financial circumstances.



If you are considering private or social renting, we would recommend you speak with our Welfare Rights Unit (details of which can be found in the Useful Contacts Section) which offers free independent expert advice on benefits and tax credit problems.

This will ensure that you receive any welfare benefits, such as housing benefit or local housing allowance you may be entitled to. If you decide that private renting is your preferred option, contact housing options on telephone number 0151 666 5511 or by email: housingoptions@wirral.gov.uk They can carry out an affordability/suitability check to establish if this is the most suitable option for you.

If, however, you decide that home ownership or shared ownership are your preferred options, we would strongly recommend that you seek Independent Financial Advice to make sure that you will be able to cope with all of the financial pressures that living independently can create.

Private Renting

Private renting is very flexible and often offers more readily available properties. Wirral Council offers a list of readily available privately rented properties, from accredited landlords, in all one stop shops. Private rented properties are also advertised in local newspapers, shop windows, notice boards, estate agents and online.

A list of accredited private properties is available on the Property Pool Plus website www.propertypoolplus.org.uk. A deposit is normally required by landlords and is usually the equivalent of one month's rent.

Property Pool Plus

Most registered providers of social housing who own properties in Wirral are partners in the Property Pool Plus scheme. Rents for these properties are generally lower than private rented properties and a variety of properties are offered.

Accommodation provided by Registered Providers offers more security types of tenure and rents are usually lower than those in the private sector. You will need to register if you are interested in social housing by visiting any council one stop shop or online at www.propertypoolplus.org.uk.

Shared Ownership

If you are interested in social housing, it would be useful to visit any council one stop shop or online at www.propertypoolplus.org.uk.

Joint Ownership

Joint Ownership is where a number of individuals (usually restricted to a maximum of four) join together to purchase a

property. The people purchasing are 'jointly and severally liable' for repaying the mortgage. It is important to remember however that should one party fail to pay their share of the mortgage the remaining parties are responsible to meet the payment.

If you need additional support where you currently live you need to discuss this with a social worker. They will talk through the options available and which is right for you.

1. Extra Care Housing – This is where you have your own flat in a small complex with staff on hand to give you extra support.

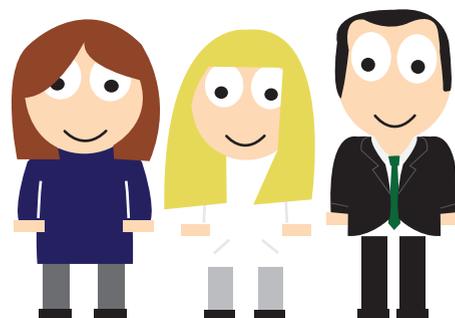
2. Shared Lives Scheme – This is where a person can live with a trained carer in their family home. This can help provide a good balance between being independent but with support there if you need it.

3. Supported Living – There are different types of supported living. You may have your own bedroom in a shared house or be in your own flat in a small complex with others who have a learning disability. You would be supported by staff to live as independently as possible.

WELCOME TO WIRRAL DAY OPPORTUNITIES!

There are a range of Day Opportunities on Wirral. You can look for and attend the activities and events detailed on Wirral's Local Offer. If you have a personal budget, you can use this to help you attend these activities if you need support.

If you require a different kind of support/environment there are a range of day services on the Wirral which your social worker will help you find.



Day Opportunities can be found across Wirral in a variety of settings and in the community.

Services are rapidly changing to meet local need and demand – changes YOU have told us YOU want. Well, WE listened!

Lots of young people tell us that they would like to experience work, training or voluntary work but need a little extra support to really enjoy the experience.

Some services work to improve the local community, such as Royden Park and Dale Farm (horticultural, conservation and environmental activities), while others focus on work experience and training (Best Bites at Willowbank Wallasey, Bluebellies Tea rooms in Wallasey, Tam O'Shanter Farm and the Oval Sports Centre or Woodworking at Dale Farm).

Many of our great services offer life skills, leisure, hobby activities, social skills and opportunities to take part in community activities; like concerts and shopping.

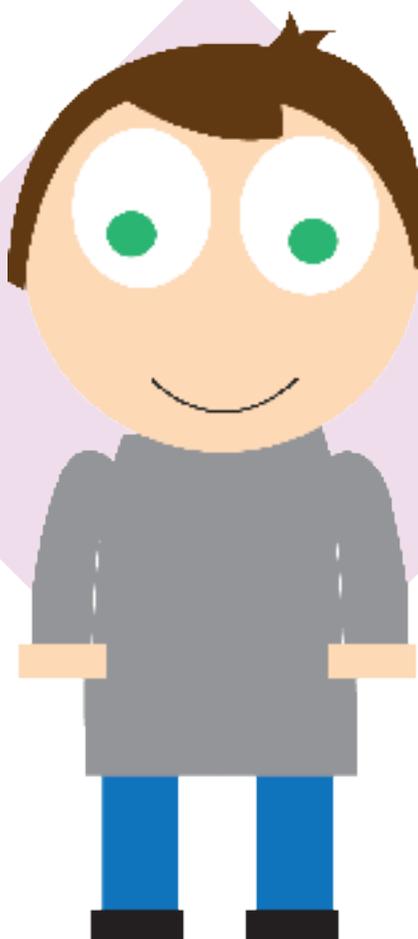
While taking part we know that you will grow in confidence and take opportunities to make your own decisions.

We value your opinions on our service and there are lots of opportunities to have your say and make a real difference to the support on offer to help you really enjoy the experience.

We can help arrange travel training; find suitable voluntary work placements or look at job opportunities.

We will support you when you first start.

We will work with other agencies to make sure that you are supported.



Wirral Day Opportunities aim to promote your independence and well being and increase your confidence in any way that suits you. We are flexible in order to help you aim high and reach your full potential. We do this by personalising the service to your needs as much as possible.

We recognise that some people may require the highest levels of support.

We work closely with your health practitioners to ensure that your health, personal care and communication needs are fully understood by everyone involved in supporting you. We work with your parents and carers to make sure that we get it right.

Wirral promotes and provides respite services to ensure parents and carers get that well deserved break while you enjoy a great time away from home.

To access our service, you will need to meet the eligibility criteria through an assessment with a social worker.

In the meantime, use the directory in the back of this booklet to ring individual services to make an appointment to visit. Let us show you what we have to offer!

MONEY MATTERS



Money! Money! Money! Having the right benefits in place is always important so that you can do the things you want to do and also for successful daily living. There are a range of benefits available to you if you have a learning difficulty or disability. Here are the main ones that you need to be aware of.



Disability Living Allowance (DLA)

is ending for people aged 16-64.

You can keep getting DLA if you are under 16. You will continue to receive DLA until the Department for Work and Pensions (DWP) invites you to apply for Personal Independence Payment (PIP).

Call for more information on DLAs on 0800 121 4600, Monday to Friday from 8am to 6pm.

Personal Independence Allowance (PIP)

is replacing Disability Living Allowance (DLA)

Personal Independence Payment (PIP) can help you with some of the extra costs if you have long term ill health or disability. You must be aged 16 or over to make a claim.

You must also have a health condition or disability where you:

- Have had difficulties with daily living or getting around or both for 3 months or more
- Expect these difficulties to continue for at least 9 months.

Call for more information on 0800 121 4433, Monday to Friday from 8am to 6pm.

Disabled Students Allowances (DSA)

are extra help for students who have a disability, a mental health condition, or a specific learning difficulty like dyslexia or dyspraxia.

Contact the Disability Adviser at your university or College if you need some advice re financial help.

Universal Credit

Universal Credit is gradually replacing certain benefits such as

- Income related Employment Support Allowance (ESA)
- Housing Benefit
- Income based Jobseeker's Allowance
- Child Tax Credits
- Working Tax Credits
- Income Support

Citizens Advice's Help to Claim service offers practical support to help you make a Universal Credit claim.

In Wirral we have offices in Birkenhead, Wallasey and Moreton.

You can call them on 0300 330 0111.

What can you do?

Speak to local Job Centre staff.

There are trained staff in each job centre who specialise in supporting people with additional needs/ disabilities.

If you are considering going to university, talk to Student Finance England for some detailed advice.

Call them on 0300 100 0607, Monday to Friday from 8am to 8pm.

The Direct Gov website www.direct.gov.uk website is a really useful source of information.

4 Leisure



It is important to have some time out to take part in fun and exciting activities to make new friends and to provide additional support for your family. These services ensure there are a variety of short breaks available to meet the needs of families.

All the short breaks services:

- Use fair, understandable and transparent eligibility criteria that enable short breaks to be accessed easily by families.
- Offer reliable and regular local short break provision, tailored to families needs.
- Provide and monitor positive outcomes for children by promoting friendships, by encouraging social activities and new experiences.
- Ensure that provision is available on a planned and regular basis and at the times when families and young people need breaks.
- Are fit for purpose and age appropriate.

There are a variety of Short Break Services including:

- Specialist Play Schemes
- Sporting Activities
- Creative Activities such as drama and dance
- Residential overnight stays
- Weekend residential stays
- Direct Payments
- School summer holiday clubs

Currently the Short Breaks Offer in Wirral is being reviewed, this includes consulting directly with parent/carers, staff and practitioners and young people themselves.

This consultation ends in July 2019, the Council will then go on to re-design its Short Breaks offer around the needs of young people and their families.

Information on Wirral's current Short Breaks for Disabled Children is available on the Local Offer website. <https://localofferwirral.org/>

Wirral Sport Development Unit
Active All Sports Leisure Programme
Suitable for: Children and Young People with a disability and/or additional needs aged 5yrs – 25 yrs.

Wirral Sports Development Unit provides a range of sporting and recreational activities for children and young people with a disability. The programme delivers sports sessions and offers a range of sports including trampolining, swimming, badminton, multi sports, tennis, fitness sessions/classes supported gym sessions and more. The aim of the programme is to provide the opportunity for all participants to participate in sports and activities that they enjoy and provide opportunities to take part in new activities and sports that are not always available. The sessions are delivered by qualified coaching staff, with the skills to adapt sports and activities to meet the needs of the participants.

For more information about all the sessions available please contact: Stacey Addison **0151 666 4359** or email: staceyaddison@wirral.gov.uk.

www.wirral.gov.uk/my-services/leisure-and-culture/sports/sports-development

Frequently Asked Questions



Q1 Who will be my daughter's consultant when we leave school and are no longer under the community paediatrician?

The good practice guidance (NICE NG43) for health services in England on transition to adulthood, emphasises the importance of a health transition plan, linked closely to plans held by education and social care. The health planning should be developed with the young person and their advocate, carer or named worker.

The named worker could be a nurse, a youth worker, from health, from social care, an education practitioner, an allied health practitioner, an existing keyworker, transition worker or a personal adviser.

The practitioner involved will depend upon the young person's needs. It should be someone the young person has a meaningful relationship with.

Q2 We have been told my son will be on a personal budget, but the amount of money we have been allocated is not enough for his care every day. Is this just another way for social services to save money?

Disabled young people have a right to a proper assessment of their needs and a care plan to show how their eligible needs will be met, whether by a direct payment, through a nominal personal budget or through the provision of direct services. Any attempt to determine a personal budget prior to the assessment of a young person's needs will be unlawful.

Where a disabled young person is receiving social care services prior to the age of 18, the statutory basis for this service may change on their 18th birthday i.e. the basis for providing services to children may be different to the basis for providing services to adults. The provision and type of service may change, so long as the service continues to meet the young person's assessment needs.

Q3 What is the eligibility criteria for Adult Services?

Everyone who appears to need an assessment, and asks for one, is assessed under the Care Act. A social worker will talk through with you the things you can do, things you need support with and what your goals are. There are ten areas that they will discuss with you and if you have needs in at least two areas, and they have a significant impact on your well-being, then support can be discussed with you.

The Care Act says that we need to work with people to make them as independent as possible before they have long term support.

To request an assessment please contact the Integrated Front Door (IFD) on **0151 514 2222**.



Directory Listings

The following pages are a comprehensive list of services and providers in the local area who can offer further help and support with topics in this brochure. Some services are subject to eligibility. This and additional information across Health, Social Care and Education can be found on Wirral's Local Offer website. www.localofferwirral.org

Directory Listing

1

Employment

employment | education | training

2

Health & Support

sexual health | support | advice | mental health

3

Independent Living & Housing

groups | communities | friends | respite

4

Leisure

groups | community | friends | activities

Employment

BEST BITES

☎ **0151 691 1272**

Willow Bank
Off Gorsey Lane,
Wallasey
info@wirralevolutions.org

BEST BITES

☎ **0776 862 0060**

Bluebells Tea Rooms
The Grange Grove Road
Wallasey
CH45 0JA

CAREER CONNECT

www.careerconnect.org.uk
Career connect is an information, advice and guidance service. Career connect personal advisers can help you to find and apply for jobs, training, education, voluntary work or leisure activities. Career connect also offer their services through a variety of community venues and via 'Virtual PA' team with local Professional Advisers available online until 8:00pm. Further information is available on their website

DEPARTMENT OF WORK AND PENSIONS

☎ **0800 169 0190**

☎ **0800 169 0314**

(text phone for speech or hearing difficulties)
DWP plus aims to 'promote opportunity and independence for all' through 'providing work for those who can and support those who cannot'. Your local jobcentre also has 'Disability Employment Advisers' who have access to additional funding and schemes for those with additional needs.

Brunswick House
29 Price Street
Birkenhead
CH41 6JW

52 Arrowe Park Road
Upton
Wirral
CH49 0UE

Port Causeway House
1 Port Causeway
Bromborough
CH62 4TG

DISABILITY CONSULTANCY SERVICE

☎ **0151 644 9591**

We are a social enterprise run by people with disabilities for people with disabilities. Our aim is to provide Employment to the people without it affecting their benefits.

1 The Highcroft,
Bebington,
CH63 3JL

LEASOWE MILLENNIUM CENTRE - WIRRAL OUTREACH

☎ **0151 556 2620**

Twickenham Drive,
Leasowe,
CH46 1PQ

ROCK FERRY ONE STOP SHOP / LIBRARY - WIRRAL OUTREACH

☎ **0151 556 2620**

257 Old Chester Road,
Rock Ferry,
CH42 3TD

SEACOMBE LIBRARY - WIRRAL OUTREACH

☎ **0151 556 2620**

Liscard Road,
Seacombe,
CH44 6LT

TAM O'SHANTER URBAN FARM

☎ **0151 653 9332**

Boundary Road
Bidston
CH43 7PD

WIRRAL LIFELONG AND FAMILY LEARNING SERVICE

☎ **0151 606 2000**

Wallasey Town Hall
Brighton Street
CH44 8ED

Wirral Life Long and Family Learning offer a variety of accredited and non-accredited learning activities across the borough. It also delivers learning programmes in support of social services provision to young people and adults with a disability.

Education

ACTIVATE ARTS

☎ **0151 545 1279**

We offer an education and employment training programme for 16-25 year olds. Our small group sizes enables us to offer personalised learner pathways and programmes. The programme is delivered at the individual's pace in a relaxed environment. We take knowledge learnt in the classroom and apply it in practical sessions.

BARNARDOS: A CHANCE TO WORK

☎ **0151 708 7323**

We currently work with young people aged 16 - 24 to obtain an ASDAN Entry 2 and 3 in Employability and PSD. This is a 21 week course that is, after the introduction process, one day work placement-based and one day college-based.

BIRKENHEAD SIXTH FORM COLLEGE

☎ **0151 652 5575**

www.bsfc.ac.uk
Birkenhead Sixth Form College welcomes students with learning difficulties and/or disabilities. We want you to be successful in your studies and we will organise the integrated support you need to do this. The college offers GCSE, AS and A2 subjects along with a variety of vocational courses at Level 1, 2 and 3.

CHESHIRE COLLEGE - SOUTH & WEST

☎ **01244 656555**

https://www.ccs.w.ac.uk
Cheshire College South & West is based in Ellesmere Port and offers both academic and vocational courses across a wide variety of areas. Additional learning support is available to all learners while they are on a college course.

COLEG CAMBRIA - NORTHOP

☎ **0300 303 0007**

www.cambria.ac.uk
Coleg Cambria offers a range of vocational courses to young people including those with learning difficulties and disabilities. These include animal studies, equine, floristry, horticultural and agricultural machinery.

GREENBANK COLLEGE

☎ **0151 733 7255**

www.greenbankcollege.org.uk
Greenbank College offers small, friendly and supportive provision. We have a high percentage of disabled students enrolled on accredited courses in Business Admin, Catering, Fashion and Textiles, Hairdressing, IT, Sport, English and Maths.

REASEHEATH COLLEGE

☎ **0127 062 5131**

☎ **0127 613 242**

www.reaseheath.ac.uk
Reaseheath College is a land-based college which offers a range of courses for young people with learning difficulties and disabilities. Reaseheath College offers additional support to students along with a welcoming environment.

THE CITY OF LIVERPOOL COLLEGE

☎ **0151 252 3000**

www.liv-coll.ac.uk
The City of Liverpool College has six main centres across the City of Liverpool equipped with state-of-the-art learning facilities. The college has a wide range of courses and provides support for people with specific learning disabilities.

THE ENGINEERING COLLEGE

📞 **0151 666 1028**

info@theengineeringcollege.co.uk
Monks Ferry, Birkenhead, Wirral
CH41 5LH

A specialist College with strengths in Marine, Electrical and General Engineering.

UNIVERSITY OF CHESTER

📞 **01244 511000**

www.chester.ac.uk

The University of Chester has two campuses in Chester and Warrington and offers a range of undergraduate and postgraduate courses as well as foundation degrees that combine conventional university study with learning at work.

WIRRAL METROPOLITAN COLLEGE

📞 **0151 551 7777**

www.wmc.ac.uk

Wirral Metropolitan College offers courses for young adults and school leavers with learning difficulties. The supported Entry Level courses have a high level of support to enable learners to develop their independence, take responsibility for their choices and actions as well as develop the skills needed to work in an adult environment. All learners have additional tutorial support to help them keep on track and achieve their goals.

YOUNG ENTERPRISE

📞 **07841 880 982**

The UK's foremost education business organisation enables young people to succeed through enterprise, developing vital employability skills and building their resilience to help prepare them for the future challenges in both their working and personal lives.

Training

GREATER MERSEYSIDE LEARNING PROVIDER FEDERATION

📞 **0151 707 8775**

The Greater Merseyside Learning Providers Federation is the representative body for the Learning Providers on Merseyside. GMLPF promotes apprenticeships and other quality programmes for employers and residents of the area.

MORTHYNG VOCATIONAL COLLEGE

📞 **01709 372 900**

We offer Education and Training opportunities under Foundation Learning in: Personal and Social Skills, Employability Skills, Functional Skills, Maths, English & ICT, Construction - Bricklaying, Joinery, Plastering, Business Administration, Retail, Customer Service, Hairdressing, Beauty Therapy, Army Preparation, Sports and Leisure. Qualifications: BTEC & CG. We also offer work placements and access to apprenticeship.

PROGRESS TO EXCELLENCE

📞 **0151 650 6933**

info@progresstoexcellence.co.uk
Pacific Road, Birkenhead

We offer a fantastic range of apprenticeships and training; there's something for everyone.

ROCKET TRAINING LTD

📞 **0151 259 1556**

Rocket Training Ltd is a leading provider of training across Merseyside. We offer Foundation Learning (age 14-19) and Apprenticeships, in Motor Vehicle Engineering, Business Administration, Customer Service and Retail.

SHAW TRUST

📞 **07841 879 953**

Our innovative Foundation Learning programme provides learners the opportunity to gain qualifications whilst helping to overcome barriers. We are able to provide flexible learning arrangements to accommodate the individual's needs to enable them to maximise their potential.

Health & Support

ABLE DISABILITY LIFESTYLE MAGAZINE

www.ablemagazine.co.uk

Online magazine that covers every aspect of disability, Special Needs and care. It has an extensive library and archive of information and advice.

ADD INFORMATION SERVICES (ADDISS)

☎ **0208 952 2800**

www.addiss.co.uk

info@addiss.co.uk

Information, advice on ADHD plus list of local support groups.

ADHD FOUNDATION

☎ **0151 237 2661**

151 Dale Street, Liverpool L2 2AH

Working in partnership with and offering support to families, doctors, teachers and individuals

ADULT MENTAL HEALTH SERVICES (AMHS)

☎ **0151 488 8312**

Our Community Mental Health Teams provide assessment, diagnosis, and treatment and follow up to people with severe and complex mental health conditions in a community setting.

You can contact the team 9am until 5pm Monday to Friday on 0151 488 8312.

The Wallasey and West Wirral Adult Mental Health Service are based at the Stein Centre, St. Catherine's Hospital, Derby Road, Birkenhead, CH42 0LQ. Tel No: 0300 303 3157.

ADVOCACY IN WIRRAL

☎ **0151 650 1530**

Advocacy and return to employment support.

ARCH INITIATIVES

☎ **0151 647 8633**

Services for people with substance use problems offering Day opportunities/outreach support/training.

CHESHIRE & WIRRAL PARTNERSHIP NHS FOUNDATION TRUST

infor@cwpl.nhs.uk

We provide mental health and learning disabilities services throughout the whole of Cheshire and Wirral.

CHILD & ADOLESCENT MENTAL HEALTH SERVICE (CAMHS) ADVICE LINE

☎ **0151 488 8453**

Wirral CAMHS is a specialist mental health service that works with children and young people with moderate to severe mental health problems. CAMHS offers support to children and young people who are experiencing difficulties with the way they are thinking or feeling which are impacting on their mental health.

mymind.org.uk is an NHS website, run by CWP CAMHS.

This site has been developed for everyone interested in the mental health and well-being of children and young people across Cheshire and Wirral.

CHILDREN'S CONTINUING CARE TEAM

☎ **0151 514 2513**

Offers specialist nursing services for children up to the age of 18 who have the most complex of health conditions. This could be delivered, in the community or at school. You can ask your GP, Consultant, School Nurse or Social Worker for advice.

CLAIRE HOUSE CHILDREN'S HOSPICE

☎ **0151 334 0512**

Provides palliative and end of life care for children and young people up to age of 23 years. They also offer short breaks to children and young people who need this service. You can still refer for an assessment or your GP, Consultant, School Nurse or Social Worker can do this for you.

COMMUNITY NURSING SERVICE

Community Nursing Service works with GPs, Health Professionals, Social Services and the voluntary sector, to provide care to housebound individuals with nursing needs.

CONTACT A FAMILY

☎ **080 088 08355**

www.cafamily.org.uk

Puts parents of children with mental, physical, educational problems, in touch with one another.

CROSSROADS CARE IN WIRRAL

☎ **0151 343 1960**

Crossroads care offer a full range of services for all age groups, disabilities or health conditions at any time day or night, frequency or duration.

DISABILITY UNIT

www.disability.gov.uk

Extensive website covering legislation, campaigns, information and advice.

ENABLING FULFILLING LIVES GROUP

☎ **0151 334 0645**

A constitutionally organised group, working in partnership with Wirral DASS/Cheshire & Wirral Partnership Trust in the interests of people with Learning Disability and other disabilities.

EARLY INTERVENTION AND PSYCHOSIS TEAM

☎ **0151 488 8150**

The team work with people aged 14 years upwards who have experienced a first episode of psychosis. Anybody can refer to the team on the above direct number.

FRANK CAMPAIGN

☎ **0300 123 6600**

www.talktofrank.com

Free confidential helpline giving advice on drugs.

HEALTH WATCH WIRRAL

☎ **0151 230 8957**

<https://healthwatchwirral.co.uk/> Health Watch is the new independent consumer champion created to gather and represent the views of the public. Health Watch will play a role at both national and local level and will make sure that the views of the public and people who use services are sought and listened to.

HOME CARE PROVIDERS

☎ **0151 606 2006**

For a full list of Home Care Providers registered and approved by Wirral Council please contact the Central Advice and Duty Team.

HYPERACTIVE CHILDREN'S SUPPORT GROUP

☎ **01243 551 313**

www.hacsg.org.uk

Support for parents and practitioners.

IMAGINE (MENTAL HEALTH)

☎ **0151 709 2366**

www.imaginementalhealth.org.uk - Provides housing, support, activities, befriending service, training and advice.

LEARNING DISABILITY CHILD & ADOLESCENT MENTAL HEALTH SERVICE (CAMHS) (BIRCH CENTRE)

☎ **0300 303 3157**

Cheshire and Wirral Partnership NHS Foundation Trust. The LD CAMHS Service is a specialist 'Tier Three' service providing support to children and young people with complex special needs (up to the age of 16 years) and their families. The LD Team accept referrals from practitioners across agencies.

LEARNING DISABILITIES ADOLESCENT SUPPORT TEAM (KINGSLEY RESOURCE CENTRE)

☎ **0151 357 7520**

Cheshire and Wirral Partnership NHS Foundation Trust. The Adolescent Support Team provides specialist support to young people aged 16-19 years who have a learning disability and either challenging behaviour or mental health needs. Referrals can be made by families or professionals.

LEARNING DISABILITY NURSES

☎ **0151 604 7245**

Ext 8147

Offer specialist nursing services for people with learning disabilities and help them to access primary and secondary health care services within the Wirral. They are based at Arrows Park Hospital and provide direct support to people over 18 years with a Learning Disability. They work to improve health outcomes and enhance the experience of healthcare services for service users and their families and carers.

MEDEQUIP

☎ **0151 203 0404**

wirral@medequip-uk.com Equipment can support individuals and carers and promote independence. An Occupational Therapist or Community Nurse can assess your needs and request equipment that can support you.

Open 8:30am to 5pm Monday - Friday

MENCAP

☎ **0151 334 3480**

<https://mencapwirral.org.uk/> Mencap provide support to people with learning disabilities and support people in their own homes with their own tenancies. They also offer opportunities in training and education including the City and Guild NVQ Level 3 qualifications.

NHS WIRRAL-HAVE YOUR SAY TEAM

☎ **0151 651 0011**

☎ **0800 085 1547**

NHS Wirral commissions services for their local areas; their main responsibility is to ensure that residents have access to all health services. They are also responsible for helping Wirral residents to improve their health and prevent ill health, which they do by working with a wide range of organisations such as local councils, schools and voluntary groups.

PARENT CARER PARTICIPATION WIRRAL (PCPW) WIRRAL'S PARENT/CARER FORUM.

☎ **0151 670 0777**

pcpw@wired.me.uk PCPW are a group made up of parents and carers for children and young people aged 0-25 with Special Educational Needs and/or Disabilities who live on the Wirral. Our activities are funded by Department for Education and we are overseen by a National Charity-'Contact a Family'. We are the recognised "voice" by Contact A Family, and the Department for Education to participate with the Local Authority.

PCPW will offer the Local Authority, commissioners and service providers the views and concerns of parent carers in order to influence service development, design and delivery on the Wirral. We aim to be the voice of parents and to contribute to the improvement of education, healthcare and social care services. PCPW will also hold events to gather your views and to provide you with information on SEND.

SAFEGUARDING SERVICE

☎ **0151 606 2008**

The Council has a responsibility for making sure that vulnerable people are not abused in any way, whether that is physically, mentally, emotionally, sexually or financially. If you think that someone is being abused, you must tell one of the practitioners described above, or contact the Council team on the above number.

SCHOOL NURSES 0-19 TEAM

☎ **0151 514 0219**

Providing nursing care and health promotion in mainstream and special schools throughout the borough. Your school will provide contact details of your School Nurse.

THE ACTIVE ALL SPORT LEISURE PROGRAMME

☎ **0151 666 4359**

staceyaddison@wirral.gov.uk The Active All Sport Leisure Programme is delivered by the Sport Development Unit within Wirral Council. The programme aims to provide sport, leisure and physical activities for children and young people with a range of disabilities and learning difficulties aged 5-25 years across Wirral.

THE OPEN DOOR CENTRE

☎ **0151 639 4545**

Supporting young people and young adults ages 15-30. We provide free, immediate creative therapeutic support through our mentor-led CBT programme, 'Bazaar', in relation to feeling down, stressed, anxious or experiencing panic attacks. We also work within the world of the arts, music and creativity to tackle myths, stigmas and taboos around these issues through our work at the Bloom Building whilst at the same time providing unique and innovative volunteering experience and training opportunities.

The centre operates on a membership basis and booking an initial appointment in advance is required in order to access the service.

Bloom Building
3 Abbey Close, Birkenhead CH41 5FQ

WIRED

☎ **0151 522 7990**

Option 2

ias@wired.me.uk
<http://www.wired.me.uk>
Independent advice and support service for Parent Carers and Young People

St James Centre, 344 Laird Street, Birkenhead, CH41 7AL

WIRRAL COMMUNITY HEALTH & CARE TRUST

☎ **0151 514 2888**

Provide care for people with long term conditions in their own home as an alternative to going into hospital. Our GP can discuss this with you.

WIRRAL EVOLUTIONS

☎ **0151 666 4344**

<http://www.wirralevolutions.org/> Cheshire and Wirral Partnership NHS Trust in partnership with Wirral's Children and Young People's Department.

Wirral Evolutions is a people centred service for adults with disabilities with locations across the Wirral. They work to enrich the lives and opportunities for people with learning and physical disabilities through maximising their personal potential

YOUTH NO PANIC HELP LINE

☎ **01952 590 005 (office)**

☎ **0844 967 4848 (helpline)**

www.nopanic.org.uk

Help for people with phobias, obsessive-compulsive disorders, panic attacks, tranquiliser withdrawal and anxiety. Has access to local groups.

In addition, please see Wirral's Local Offer website for further details.

<https://localofferwirral.org/>

Health & Support

Sexual Health

JOJO MIND & BODY

📞 **07789054765**

Jolo Mind and Body is a social enterprise company that provides information in an innovative and interactive format through puppetry and forum theatre. The puppets 'Joe and Joanne' are anatomically correct for the purpose of informing and raising awareness about health and well-being for adults with learning disabilities. Qualified and experienced actors use the puppets as communication aids in drama and storytelling workshops as effective ways of engaging people with learning disabilities in having a say about their lives.

SEXUAL HEALTH SERVICES

📞 **0151 604 7290**

Contraception and sexual health services including; contraception, cervical smears, psychosexual therapy, Well Woman clinics, and Wellness clinic at the Multicultural Centre. There are a wide range of clinics available. You can call the above number for more information.

WIRRAL BROOK ADVISORY SERVICE

📞 **0151 670 0177**

Wirral Brook is a Free and Confidential Sexual Health Service for young people under 25. They are based in Birkenhead at 14 Whetstone Lane.



Independent Living & Housing

ALPHA HOUSING ASSOCIATION

☎ 0151 346 1598

1 Thursby Rd, Birkenhead, Wirral CH62 3PW
Independent living, but with a helping hand.
enquiries@alpha-homes.co.uk

BBCHA

☎ 0151 606 6262

25 Beechwood Dr, Birkenhead, Prenton CH43 7ZU
BBCHA is a Registered Social Landlord with an ambition to deliver neighbourhood management across all homes in the neighbourhood.

CONTOUR HOUSING

☎ 0151 724 6811

39B Hillview, Liverpool L17 0EQ

CONTOUR HOUSING

☎ 0151 427 9947

Tudor Court, Liverpool, L19 0QG

DEPARTMENT OF ADULT SOCIAL SERVICES LEARNING DISABILITIES TEAM

☎ 0151 514 2222 (option 3)

Responsible for providing services for vulnerable people including people experiencing mental health issues, physical and sensory disabilities.

FAMILY HOUSING ASSOCIATION

☎ 0151 647 5000

Marcus House, Marcus Street, Birkenhead CH41 3NY.
We provide homes, at low rents, for people in housing need.
admin@familyha.org

FORUM HOUSING

☎ 0151 649 9718

18 Hamilton Square, Birkenhead, CH41 6AX
Forum Housing is a registered Social Landlord and a provider of supported housing to young people aged 16-25.
info@forumhousing.co.uk

MAGENTA HOUSING ASSOCIATION

☎ 0808 100 9596

Partnership Building, Hamilton Street, Birkenhead, CH41 5AA
With approximately 12,775 properties, Magenta Living is the largest registered provider of affordable housing in Wirral
contactus@magentaliving.org.uk

OPTIONS

☎ 0151 236 0855

Options are a registered charity which provides innovative and flexible support to people with learning disabilities. Our mission is to support, empower and enable people with disabilities to live their lives to the full.
welcome@optionsforsupportedliving.org

PIERHEAD HOUSING ASSOCIATION

☎ 0151 227 1001

8 Columbus Quay riverside Drive, Liverpool, L3 4DB
Pierhead housing has been providing good quality homes for people in real housing need across Merseyside.

REGENDA FIRST (MARITIME)

☎ 0344 736 0066

Through our innovative community projects, expertise in shared ownership and our track record in regeneration projects we are working to make the North West a better place.
info@regendafirst.org.uk

RIVERSIDE HOUSING ASSOCIATION

☎ 0345 111 0000

One of the leading registered providers of social housing in the UK, providing support and affordable housing to people of all ages and circumstances throughout England.
info@riverside.org.uk

SANCTUARY SUPPORTED LIVING

☎ 0330 123 3247

Sanctuary supported living is committed to help vulnerable people to have the same choice and chances as everyone else.

SANCTUARY HOUSING

☎ 0808 100 2578

Marybone House, 2 Marybone, Liverpool, L3 2BY
Cosmopolitan provides social housing, accommodation for students and young professionals and innovative housing and development solutions.

SUPPORTED HOUSING

☎ 0151 666 5511

Offers help, care and support for those who struggle to live independently due to illness and disability.

Contact any one stop shop
housingoptions@wirral.gov.uk
supportingpeople@wirral.gov.uk

WIRRAL COUNCIL-HOUSING OPTIONS

☎ 0151 666 5511

Conway Centre, Conway Street, Birkenhead, CH41 6AH
housingoptions@wirral.gov.uk

WIRRAL METHODIST HOUSING ASSOCIATION

☎ 0151 647 5471

42 Hamilton Street, Birkenhead, CH41 5AE
Provide family houses, flats, supported accommodation including sheltered housing and shared ownership schemes.

info@wmhalt.org.uk

WELFARE RIGHTS UNIT

☎ 0151 666 4570

Free, impartial advice about benefits and tax credits.

welfarerights@wirral.gov.uk

WIRED

☎ 0151 522 7990

WIRED is an organization of and for disabled people and carers based in Wirral.

contact@wired.me.uk

Leisure

MONDAY

Orion Club Heswall

Heswall CH60 0AE
Rodney or Mandy
☎ 07901980564 or 07783628624

TUESDAY

Belvidere Centre Wallasey

Belvidere Road Wallasey
CH45 4RY
6pm – 9pm
Jim Wilkinson
☎ 0151 639 6154 or 07840796233

I am PHAB club

Greg Howell or Lorna Howell
☎ 07753749911 or 07787506294

St Mary's Club Wallasey

St Marys College
Wallasey Village CH45 3LN
Colin Archer
☎ 0151 639 7531 or 07789921157

WEDNESDAY

Belvidere Centre Wallasey

Belvidere Road Wallasey
CH45 4RY
6pm – 9pm
Jim Wilkinson
☎ 0151 639 6154 or 07840796233

Crossbow Social club (Wirral Mencap)

42-44 Market Street
Birkenhead
CH41 5BT
Ken Corker
☎ 0151 666 1829

THURSDAY

Belvidere Centre Wallasey

Belvidere Road Wallasey
CH45 4RY
6pm – 9pm
Jim Wilkinson
☎ 0151 639 6154 or 07840796233

FRIDAY

West Kirby Disabled Swimming Club

West Kirby Concourse
12pm – 1pm
☎ 0151 606 2010

SATURDAY

Leasowe Swimming Club

Recreational swimming session for individuals with a disability
5pm to 6pm
Jean Strachan
☎ 0151 645 9804

Wallasey & District Disabled Swimming Club

Guinea Gap Leisure Centre
9:45am
☎ 0151 639 9792

Disability Family Swim Session

The Oval Leisure Centre
3pm – 4pm
Leisure Call Centre
☎ 0151 606 2010

Propulsion Trampoline Club Inclusive Sessions

Birkenhead Youth Club
Mondays 4pm – 5pm
Tuesdays 4pm – 5pm
Saturdays 12pm – 1pm
Andrew Wild
☎ 07720708371

SUNDAY

MACS (Children with Autistic Spectrum Disorder) family support swim session

Europa Pools
Leisure Call Centre - ☎ 0151 606 2010
Helen Hale ☎ 0151 647 0647
Second and fourth Sunday of every month

Birkenhead Disabled Swimming Club

Hugh Smith
☎ 0151 639 9797 or 0151 652 1961

Hiveability

Inclusion session
Bright Street
Birkenhead
CH41 4EA
10am – 2pm
Membership required
☎ 0151 705 8000

OTHER CLUBS:

Creative Youth Development

Using the Arts – dance, drama, photography, singing, sound tech
Weekdays and Saturdays
Pilgrim Street Arts Centre
☎ 0151 666 3707

Hoyle Hands and Voices

Singalong for special needs group.
☎ 0151 632 6524

Invigor8

Become an Invigor8 member and enjoy use of 8 Invigor8 sport centres, 7 gyms, 10 pools and over 350 group exercise classes per week across the Wirral.

☎ 0151 606 2010
<https://wirralleisure.co.uk/invigor8-centres/>

Shaftesbury Club

☎ 0151 608 7165
Sports, recreation, education and personal development
6pm to 9pm

Sundowns (Down's Syndrome)

Lisa Masters/ Jane Asterley
☎ 0151 647 8888

The Hive Wirral Youth Zone

Bright Street
Birkenhead
CH41 4EA
☎ 0151 705 8000

Adult Services

A

- Alternative Futures Group
☎ 0151 489 5501
- Autism Initiatives
☎ 0151 330 9500
- Autism Together
☎ 0151 513 1340

B

- Bluebird Care (Wirral)
☎ 0151 647 8676
- Brook Street (UK) Ltd
☎ 0172 784 8292
- Brookfieldcare
☎ 0151 625 0050

C

- Cambrian Supported Living Ltd
☎ 0151 639 1379
- Care Connect Wirral Ltd
☎ 0151 356 5308
- Care UK Homecare Ltd
☎ 0791 890 4822
- Careforce Group plc
☎ 0151 641 8880
- Carnation Care
☎ 0151 630 2716
- Ian Campbell enquiries@carnationcare.co.uk
- Castlerock Recruitment Group Ltd
☎ 0845 680 1609
- Community Caring
☎ 0845 643 2142
- Community Integrated Care
☎ 0151 420 3637
- Crossroads Care Cheshire West & Wirral
☎ 0151 343 1960

D

- Dale Farm
Mark Diggory ☎ 0151 342 7819
- Deafness Support Network
☎ 0124 437 1372

E

- Eldercare
☎ 0170 622 8062

G

- Glenelg Support Limited
☎ 0151 207 7755
- Goldsborough
☎ 0151 653 4466
- Guardian Homecare
☎ 0125 340 0636

H

- Harbour Supported Living Services Ltd
☎ 0151 630 0062
- Haven Care Wirral Ltd
☎ 0151 342 8969
- Home Instead Senior Care
☎ 0151 677 7254
- Housing 21
☎ 0151 342 5111
- HFT
☎ 0151 355 7703

I

- Inclusive Lifestyles Ltd
☎ 0124 465 1961
- Integrated Disability service
☎ 0151 488 8091
- Integrated Front Door (IFD)
☎ 0151 514 2222

L

- Lifeways
☎ 0177 245 2385
- Liverpool Personal Services Society (PSS)
☎ 0151 647 4608
- Local Solutions
☎ 0151 644 4541

M

- MacIntyre
☎ 0151 355 8100
- Making Space
☎ 0192 557 1680
- Mencap
☎ 0151 334 3480
- Merseyside Chinese Community Development Association
☎ 0151 709 2643

N

- Natural Breaks Merseyside Ltd
☎ 0151 207 9120
- Nautilus Care Support Agency
☎ 0151 346 8800
- Nestor Primecare Services Limited
☎ 0151 653 4466
- New Pathways Community Services
☎ 0151 707 3705
- North West Community Services Ltd
☎ 0151 650 6929
- North West Community Services Ltd - Liverpool
☎ 0151 289 9090

O

- Options for Supported Living
☎ 0151 236 0855

P

- Potens
☎ 0151 651 1716
- Professional Carers
☎ 0151 638 4500

R

- Randstad Care Ltd
☎ 0151 236 2633

S

- Shaw Healthcare (Group) Ltd
☎ 0800 9020 092

T

- The Disabilities Trust
☎ 0144 423 9123
- The Disabilities Trust
☎ 0144 424 4978
- The Regard Partnership
☎ 0151 606 1030
- The SLC Group
☎ 0151 228 5177
- T.L.Care NW Ltd
☎ 0151 632 4065

U

- U5 Limited
☎ 0151 252 2567
- United Response
☎ 0151 703 0793

W

- WarrenCare Ltd
☎ 0151 924 1999
- Wirral Autistic Society
☎ 0151 334 7510
- Wirral Community Foundation Trust
☎ 0151 514 2888
- Wirral Mind
☎ 0151 512 2200

Wirral Day Opportunities

Service	Manager	Contact details
Pensby Wood	Chris Mann	0151 648 7313
Heswall Centre	Chris Mann	0151 342 6402
Eastham Centre, Highcroft	Tony Richens	0151 327 4348
Bebington Dale Farm	Tony Richens	0151 643 7240
Heswall	Mark Diggory	0151 342 7819
Royden Park & Star Design Frankby, Cambridge Road	Mark Diggory	0151 678 6151
Wallasey Masque Theatre	Christine Rothwell	0151 638 9237
Birkenhead	Keith Wilson	0151 650 0227
Best Bites – various venues across Wirral	Debbie Broster	0151 691 1272
Oakenholt, Moreton Cambridge Road	Chris Mann	0151 666 3867
Beaconsfield - Tranmere	Chris Mann	0151 638 9237
	Emma Wilkes	0151 647 4830

Changing Places (toilet facilities)

Changing Places toilets are toilets with extra features and space to meet the needs of people with learning difficulties and disabilities. Here are some changing places toilets in the local area. Visit the changing places website for more information www.changing-places.org

Broadgreen University Hospital

Broadgreen University Hospital
NHS Trust, Thomas Drive, Liverpool,
L14 3LB
☎ 0151 706 2000

Calderstones Park

Menlove Avenue, Liverpool, L14 0HB
☎ 0151 2333001

Chester City Centre Frodsham Street Public Toilets

Frodsham Street Car Park,
Frodsham Street, Chester, CH1 2HH
☎ 0300 123 8123

Chester Zoo

Caughall Road, Upton, Chester,
CH2 1LH
☎ 01244 380280

Croxteth Hall and Country Park

Croxteth Hall Lane, Liverpool, L11 1EH
☎ 0151 233 3001

Europa Pools

Conway Street, Birkenhead, CH43 4UE

Halewood Centre One Stop Shop

Roseheath Drive Knowsley, L26 9UH
☎ 0151 489 6000

Huyton Municipal Buildings One Stop Shop

Archway Road Knowsley, L36 9YU
E: customerservices@knowsley.gov.uk

Knowsley Leisure & Culture Park

Longview Drive, Hoyton,
Knowsley, L36 6EG
☎ 0151 443 2200

Leasowe Leisure Centre

Twickenham Drive
Leasowe, CH46 1PF

Liverpool One Centre

Wall Street Liverpool, L1 8JQ
☎ 0151 232 3100

Marine Point, New Brighton

Marine Point, Kings Parade,
New Brighton, CH45 2PB
☎ 0151 691 8250

Museum of Liverpool

Mann Island, Pierhead, Liverpool, L3 1DG
☎ 0151 478 4545

Newsham Park

Newsham Park, Liverpool, L6 7UP
☎ 0151 2332008

Prescot Centre

Prescot Shopping Centre, Aspinall Street
Prescot, Knowsley, L34 5GA
0151 443 4691

Royal Liverpool University Hos- pital

R clinic, Ground Floor, Royal Liverpool
University Hospital NHS Trust,
Prescott Street, Liverpool, L7 8XP
☎ 0151 706 2000

South Liverpool NHS Treatment Centre

32 Church Road, Garston,
Liverpool, L19 2LP
☎ 0151 295 9000

Stockbridge Village Neigh- bourhood Centre

The Withens, Stockbridge Village
L28 1AB

Tranmere Rovers Football Club

Prenton Park Prenton Road West
Wirral, CH42 9PY
☎ 0871 221 2001

Williamson Art Gallery

Slatey Road
Birkenhead
CH43 4UE
☎ 0151 666 3537

World Museum

William Brown Street, Liverpool, L3 8EN
☎ 0151 478 4393

News, Resources, Useful Links

News

Young Disabled and In Control – The Council for Disabled Children’s Young Ambassadors have produced a film called “Young Disabled and In Control”
Watch the film on

www.councilfordisabledchildren.org.uk/getting-involved/young-disabled-and-in-control.

Equality Matters for Children – a new website called ‘Equality Matters for Children’
www.equalitymattersforchildren.crae.org.uk.

Support and Aspirations – The DofE next steps document to the SEND Green Paper
www.education.gov.uk/childrenandyoungpeople/sen/a0075339/sengreenpaper

Transition Information Network www.transitioninfonetwork.org.uk

Glass Ceilings, Raising Aspirations and removing stereotypical minds
<https://www.youtube.com/watch?v=qSPPykbBajk>

Resources:

All about feeling down www.learningdisabilities.org.uk/publications

An Ordinary Life – young people and complex health needs

www.learningdisabilities.org.uk/publications

Exercise and Asthma www.asthma.org.uk

Useful Links:

British Blind Sport – 01926 424247 www.britishblindsport.org.uk

British Disabled Water Ski Association – 01784 483664 www.bdwsa.org

Disability Cricket – 020 7432 1200 www.ecb.co.uk/development/disability-cricket

Disability Football – www.thefa.com/TheFA/WhatWeDo/Equality/Disability/Football

GB Wheelchair Basketball Association – 01509 279900 www.gbwba.org.uk

Level Playing Field – 01923 545 370 www.levelplayingfield.org.uk

UK Deaf Sport – www.ukdeafsport.org.uk