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| **TIME OF DAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **MORNING** | **CLAREMOUNT**  11:15 - 12 | **OBSERVATORY**  9 - 10 | **MEADOWSIDE**  9 - 12  **WRAP**  9:30 - 11  **KILGARTH**  Every Month  10 - 12 | **PLESSINGTON**  9 - 12  **WOODCHURCH**  11:45 - 12:35  **JPC**  2:30 - 3:30 | **EMA**  10:30 - 11 |
| **LUNCH** | **WEATHERHEAD**  12:30 - 1:30  **RIDGEWAY**  12:30 - 2  **W.GRAM GIRLS**  12:30 - 1:40  **W.KIRBY GIRLS**  12:40 - 1:50  **PESNBY HIGH**  1:20 - 2:30 | **ST MARY’S**  12 - 2  **BIRKENHEAD ACAD**  1:10 - 2:25  **HILBRE HIGH**  1:30 - 2:20  **W.GRAM BOYS**  12:30 - 1:40  **MOSSLANDS**  12:40 - 1:30 | **OLDERSHAW**  12:30 - 1:10  **CALDAY**  12:40 - 1:40  **PRENTON**  12:40 - 1:40  **UPTON HALL**  12:50 - 1:50  **BEBINGTON**  1:30 - 2 | **ST ANSELMS**  12:40 - 1:40  **BIRKENHEAD PARK**  1:30 - 2:15 | **BIRKENHEAD SCHOOL**  PSHE Support  **BIRKENHEAD SIX FORM COLLEGE**  12 - 2  **SOUTH WIRRAL**  12:15 - 1  **KINGSWAY ACAD**  12:20 - 1:10  **FOXFIELD**  1 - 2 |

**Heath Services in Schools (HSIS):**

Is a confidential drop in service delivered in all Wirral Secondary Schools for young people. Key partners are the School Nursing Service, Action for Children, Brook and the schools themselves. The aim of the service is to provide young people with information on all health related matters which are referred to as the service ‘core offer.’

These are;

* emotional health and well-being
* improving confidence and self esteem
* sexual health
* relationships
* drug and alcohol misuse
* smoking cessation
* healthy eating and lifestyle

The dedicated drop in times gives young people the assurance that they can access a health provision in school. The workers assess and refer appropriately to other specialist services. Also provided is PSHE support within schools, targeted group work, 1:1 support and gender specific work. The main focus is education, prevention, reducing risk and promoting resilience with young people.

The service is provided in school which is easier for young people to access, the HSIS youth workers are based in the schools every week at the same time and place which offers continuity. Young people can engage at the earliest opportunity which can in most cases prevent a situation escalating – equally if a situation is chaotic or harmful the HSIS youth worker can assess, refer and be part of their support network.

The HSIS youth workers have strong working relationships with external agencies which enables a smooth transition for young people.

The team developed with young people the Risky Buisness Zone which is used at the Brook Bitesize event – the game gives young people the opportunity to identify risky situations and to look at reducing further risk or harm to themselves.

The HSIS youth workers are a key referral contact in the Managing Drug Related Incidents in Schools pathway which was launched to all schools in 2014.

For more information please contact Michelle Langan HSIS Coordinator on 666 4123 or email [michellelangan@wirral.gov.uk](mailto:michellelangan@wirral.gov.uk)